



13 January 2011

Office 272-8078
Kidspace 272-2640
Enrollment office ext. 102
Attendance office ext 2
Home Study Program ext 110
Development Office ext 3
www.yubariverschool.org

The newsletter of the Yuba River Charter School

"Receive the children in reverence, educate them in love, send them forth in freedom." - Rudolf Steiner



FROM OUR DIRECTOR

FORTITUDE

Grade 4 is hosting this month's virtue.

Fortitude is strength of character. It is the will to endure no matter what happens, with courage, confidence, and patience. Fortitude is deeply rooted in the bedrock of our will. We cultivate it by strengthening our resolve to face whatever comes. It springs from devotion to a purpose we believe to be real and important. It grows as we face and overcome insurmountable obstacles. It keeps us going. Our fortitude can astonish us.

The Practice of Fortitude

I have the will to survive.
I have the patience to endure.
I am guided by a clear purpose.
I know what I care about.
Whatever life brings makes me stronger.
I have amazing endurance.

from *The Virtues Project*
Reflection Cards

"Hold your precious heart steadfast in fortitude until the siege is passed and you will be duly nourished."

Anonymous

"The Way is harshness greeted with kindness, fear greeted with fortitude."

Siddhartha Gautama

"As a camel beareth labour, and heat, and hunger, and thirst, through deserts of sand, and fainteth not; so the fortitude of a man shall sustain him through all perils."

Akhenaton (King of Egypt, 14th century BCE)

Lunches are now being offered every day of the week! See page 9 for hot Pastie options.

Bulletin Board

🎵 **Family Contra Dance**, Saturday, February 5, 5:00 - 6:30 pm. Oddfellows Hall in Nevada City. Info: 273-3934 or www.foothilldancers.org. Live, acoustic music! All dances called! Easy and Fun! The family dance will be followed by a potluck and then the regular 1st Saturday Contra Dance: beginners lesson at 7:30 and Dance from 8:00 - 11:00 pm, \$8 for adults, kids free.

🎵 **Workshop: Storytelling for Resilience** with Nancy Mellon, former Waldorf teacher, storyteller, and author of *Body Eloquence*. Our bodies hold stories that can heal and bring vitality! www.healingstory.com January 28 & 29, Nevada City, CA. \$150. Registration: Thea Blair, 530-470-8646, cpie55@earthlink.net.

🎵 **Free upright piano**. This piano had previously belonged to Senora Hogan, who taught Spanish at YRCS. It is in very good shape, in tune, with a nice wood finish. It has been well loved and is now ready for a new home. Please contact Kaye Connors at 575-7615 if you are interested. You, of course, move it.

OFFICE NOTES

* Wanted: 2 vacuum cleaners for Mr. Simon in Rose Kindergarten and Mrs. Barber in 1st grade. If you don't have one, try the Habitat for Humanity Re-Store!

– The Library could ALWAYS use your help!!!

Even 10 minutes while you are waiting for pick up!

Thank You,
Catherine



Yuba River Charter School

Presents

Winter Assembly

At the Vets Hall
255 South Auburn Street
Grass Valley

When: This Friday,
January 14th

Time: 6:00 pm



Watercolor Painting with Patricia Montijo

A two hour introductory workshop exploring the wet on wet watercolor technique used in Waldorf Schools.

Thursday, February 3

6:00 - 8:00 pm in the 8th Grade Classroom

Registration Required

In this workshop for parents, we will paint through the grades starting with several small color studies and culminating with an upper grade theme. This is an opportunity to learn the why and how of wet on wet watercolor.

We will go over the materials and how to use them and care for them.

You will be taught techniques such as blending, lifting color, shading, developing image from the color and creating a good composition.

It is my intention to give you the tools to work with your children at home with more confidence and enjoyment.

Registration is required by calling Susan Egan at 272-8078 ext. 106 or email susan@yubariverschool.org,

Matteo's Public

Restaurant

**Yuba River Charter School's class of 2011
8th Grade Field Trip Fundraiser**

Matteo's Public will generously donate
15% of their proceeds from the night of

**Wednesday January 26th,
from 5:00-9:30pm**

To the YRCS 8th grade

300 Commercial Street, Nevada City

(530) 265-0782

Live music will be performed

Join us and be sure to pass it on to your friends and family. "To Go" orders count too.



VACCINATION REQUIRED

Whooping cough, a very serious illness also known as pertussis, is widespread in California. A new law now requires that all incoming 7th - 12th graders get a whooping cough booster shot called Tdap before entering the 2011-12 school year. This shot needs to be given after the 10th birthday.

Due to the large numbers of students needing this vaccine in our county, it would be advisable to have the vaccine as soon as possible. Please give the office proof of this shot as soon as you get it. If you have signed a waiver in the past you will need to sign a new waiver specifically for this new mandate. Please call the Nurse's Office if you have further concerns.

Mark your calendars now!

The 8th grade will be performing

Shakespeare's

Much Ado About Nothing

Thursday, Friday, & Saturday

February 10, 11, & 12

at the Black Box Theater

Look for the flier in the next newsletter



YRCS Educational Foundation News

YRCS Annual Report

The YRCS Annual Report for the school year 2009-2010 is now available online and is electronic-only. Please access the annual report from the YRCS website or from the link: <http://issuu.com/seedsforchange/docs/yrcsannualreport2010> .

YRCS know like to know if you have immediate family, grandparents or other relatives who may be interested in receiving the official YRCS Annual Report. We are happy to email them with access information to this link. Contact Melissa at melissa@yubariverschool.org or call the school at extension 102 to do so.

2010-2011 Annual Fund Drive

As you may already know from the correspondence that we out to all parents in December, the YRCS Educational Foundation has decided to change the timing of the Annual Fund Drive to this February.

Thank you to the families who contributed to the fundraising campaign, in advance of the annual Phone-a-Thon! We will gladly accept early donations, and take you off of the Fund Drive Phone-a-Thon list if you would like to do so!

Please keep in mind, it is the date the check is written, that counts for tax purposes. Due to the holiday break, checks may not be cashed until late January, however this will not affect the timing of your donation. You will receive a tax-deduction receipt for your year's tax records.

Directory Updates

If you have an addition or correction to the Directory, please complete an update form in the office as soon as possible!

Please make the following changes to your Directory:

Grade	Student	Parent	Please change to:
1	Sadie Kolackovsky	Jennifer Sheffield	P O Box 596 NC 95959, 478-1564
1,4,8	Soren, Willow & Quinn Jacobus	Kerri Kuelper	13022 Frosty Ln., GV 95945, 272-3175
LK, 5	Kalena & Adrianna Avila	Karen & Danny	13275 Lost Lake Rd., GV 95945

Farewell to . . .

Grade	Student
8	Chase Shepherd
HS-3	Jeremiah Avila
HS-1	Etta Stewart
SPK	Grace Crain
2	NiKairye Wondergem
HS-1	Anja Rice
HS-3	Charlie Chatelain

Attendance News

Congratulations to our top classes for best attendance!

For the fourth Learning Period:

Grades 2 and 5 achieved 97% attendance!

Keep up the good work and stay healthy everyone! *Be present* for a quality education, and remember to always pick up a tardy slip if you have to be late.

Colleen, ext. 109,
attendance@yubariverschool.org

A Community Education Series Presented by Live Oak Waldorf School
THRIVING THROUGH ILLNESS

Anthroposophic Medical Offerings with Trish McPhee, RN, MSN, FNP-c ☸

An Introduction to Anthroposophic Medicine for Parents - A Lecture
Tuesday, January 18, 2011 at 6:45 PM

Suggested donation, benefiting The Live Oak Waldorf School General Fund: \$10

Fever, coughs, nasal congestion, head colds, ear infections and belly upsets are our body's efforts at maintaining equilibrium. Supporting our children through these balancing illnesses is essential so that they may re-form their being to better meet the world. Join us for an evening of exploration into the essential power of illness and the appropriate convalescence. Learn why this is crucial and what can happen when it is inappropriately managed. The lecture may be attended separately or in preparation for the workshop.

Practical Applications of Anthroposophic Medicine in the Home - A Workshop
Saturday, February 5, 2011, 9:00AM - 4:00PM

All-day workshop fee: \$95, includes supplies and lunch. Pre-registration by 1/28 required.

Learn practical applications and gain confidence in how to manage common ailments. We will build on the evening lecture presented in Jan. (not required to participate in workshop) by discussing and experiencing the practical applications of wraps, compresses, inhalations and baths. You will gain confidence in caring for the sick at home while also learning when to seek help. Upon completion of this day, you will take away practical skills and the necessary understanding of how to manage common illnesses with confidence and knowing a renewed strength will follow. You will go home with some starter supplies all the information you need to create your own home healing kit.

Topics and hands-on experiences will include:

~Creating a healing environment using the Four Elements~

~Topical applications of wraps and compresses ~ Inhalations ~ Therapeutic bath demonstrations~

~Managing the essential convalescence ~ How to create your own Home Healing Kit~

Creating Your Home Healing Kit

Saturday, March 5, 2011, 10AM - 1PM, with Live Oak Teacher, Sarah Dunbar

Free instruction, with a small materials fee for the recycled wool and cotton. Pre-register at Feb. workshop.

This community sewing day is open to all workshop participants. We will make our own wool and cotton wraps, compresses, and hot water bottle covers, as discussed and used in the workshop with Nurse McPhee. Sarah will also be organizing a discounted group order for the remedies and other supplies for the kits.

Location: Live Oak Waldorf School, 410 Crother Road, Meadow Vista, CA 95722
For more information: 530-878-8720

☸ **Trish McPhee** is a Registered Nurse and Nurse Practitioner. She has three Waldorf-educated children (two grown). She has been working out of Anthroposophy for 14 years, has taught at Rudolf Steiner College and worked at Raphael House in Fair Oaks. She resides in Grass Valley, California where she works as an Emergency RN and is a private practice NP.



To register for the February workshop, please complete this form and mail it to Live Oak or drop it in the workshop envelope in the front office. Include a check for \$95 out to Trish McPhee, FNP. Confirmation and further workshop details will be e-mailed to you.

Name: _____ Phone Number: _____

Street Address: _____

E-mail Address: _____

Tuesday Sushi Lunch Order Form

Happily offered by the 6th grade
and Way Yum Sushi.

Sushi Lunch Dates:
Tuesdays: February 1, 8 & 15.

Orders are due by Thursday, January 27.

Choices:
6 piece Vegetarian Roll
(carrot, cucumber and avocado)
or
6 piece California Roll
(crab, cucumber and avocado)

Questions? Ask Deanna Ronningen 913-4342
or kdroningen@aol.com

Thank you for supporting
the 6th Grade class!

Parent's Name _____

Phone # _____

First Child's full name _____

Grade _____

Check one please

- ___ Vegetarian Roll, no drink – \$14.25
- ___ Vegetarian Roll, with 100% juice drink – \$17.25
- ___ California Roll, no drink – \$14.25
- ___ California Roll, with 100% juice drink – \$17.25

Second Child's full name _____

Grade _____

Check one please

- ___ Vegetarian Roll, no drink – \$14.25
- ___ Vegetarian Roll, with 100% juice drink – \$17.25
- ___ California Roll, no drink – \$14.25
- ___ California Roll, with 100% juice drink – \$17.25

TOTAL: _____

Friday Burrito Lunch Order Form

Burritos are offered by the 7th grade, contain organic
ingredients, and are guaranteed to be delicious!
They come with chips, but no drink.

Burrito Lunch Dates:
Fridays: February 4, 11, & 18

Orders are due by Thursday, January 27.

Questions? Ask Jenn Knapp @ 292-3501 or
letloveradiate@yahoo.com

Parent's Name _____

Phone # _____

First Child's full name _____

Grade _____

Check one:

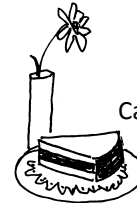
- ___ Bean, Cheese, & Rice Burrito – \$13.50
- ___ Bean & Cheese Burrito – \$13.50
- ___ Bean & Rice Burrito – \$13.50
- ___ Chicken, Bean, Cheese, & Rice Burrito – \$15.00

Second Child's full name _____

Grade _____

Check one:

- ___ Bean, Cheese, & Rice Burrito – \$13.50
- ___ Bean & Cheese Burrito – \$13.50
- ___ Bean & Rice Burrito – \$13.50
- ___ Chicken, Bean, Cheese, & Rice Burrito – \$15.00



Emily's
Catering & Cakes

Emily Scott, Owner/Chef
530.409.3716

TOTAL: \$ _____

Lunches are now being offered EVERY DAY OF THE WEEK! See page 9 for pasties!!!!

ORDER INFO FOR ALL LUNCHES

Due date for all orders
is the last Thursday
of the month that we
have school.

ORDERS DUE 11/27!

Orders are for one month at a time.
**IF YOU WANT TO PAY FOR SEVERAL
MONTHS, contact the info person.**
Envelopes are in each classroom and in
the office.

Orders accepted from faculty, staff
and Grades 1 - 8.

Payments are due, in full, with
your order form. If paying in cash,
please pay the exact amount. You
may pay for both pizza and sand-
wiches with one check. Burritos
and sushi checks each need to be
paid separately. Make checks pay-
able to: YRCS Field Fund.

Monday Pizza Lunch Order Form

Happily offered by the 8th grade.

Pizza Lunch Dates:
Mondays: February 7, 14, & 28

Orders are due by Thursday, January 27.

Questions? Contact Lisa Hooper @ 272-1182 or
Lisa@ObjectiveInsights.com.

**Thank you for supporting
the 8th Grade class!**

Parent's Name _____

Phone # _____

First Child's full name _____

Grade _____

Circle either cheese or pepperoni. Circle the price.

1 slice:	Cheese/pepperoni	\$ 7.50
	With 100% Juice Drink	\$10.50
2 slices:	Cheese/pepperoni	\$14.25
	With 100% Juice Drink	\$17.25

Second Child's full name _____

Grade _____

Circle either cheese or pepperoni. Circle the price.

1 slice:	Cheese/pepperoni	\$ 7.50
	With 100% Juice Drink	\$10.50
2 slices:	Cheese/pepperoni	\$14.25
	With 100% Juice Drink	\$17.25

TOTAL: _____

**GLUTEN FREE PIZZA CRUST
IS NOW AVAILABLE**
Yummy!

Please check the box below if you want
your order on gluten free dough.



Yes, I want gluten free crust!

Wednesday Sandwich Lunch Order Form

Happily offered by the 8th grade.

Sandwich lunch dates:
Wednesdays: February 2, 9, & 16

Orders are due by Thursday, January 27.

Sandwiches are provided by the
Nevada City Classic Cafe.

Questions? Contact Lisa Hooper @ 272-1182 or
Lisa@ObjectiveInsights.com.

~The 8th Grade Thanks You For Your Support~

Parent's Name _____

Phone # _____

First Child's full name _____

Grade _____

Circle your choices

Choose one sandwich:
cheese tuna turkey

Choose one type of bread: multi-grain sourdough

Choose from the following 4 condiments:

mayo mustard lettuce tomato

Check any desired additions, add the price and total.

_____ Sandwich	\$10.50
_____ with cheese add \$1.50	_____
_____ with 100% juice drink add \$3.00	_____
_____ with apple add \$1.50	_____

First Child lunch total: _____

Second Child's full name _____

Grade _____

Circle your choices

Choose one sandwich:
cheese tuna turkey

Choose one type of bread: multi-grain sourdough

Choose from the following 4 condiments:

mayo mustard lettuce tomato

Check any desired additions, add the price and total.

_____ Sandwich	\$10.50
_____ with cheese add \$1.50	_____
_____ with 100% juice drink add \$3.00	_____
_____ with apple add \$1.50	_____

Second Child lunch total: _____

TOTAL: _____



Hello YRCS Families,

CC was so excited to hear the incredible news of our school receiving \$1.5 million from the state as an initial payment towards the previously awarded grant/loan for our new school facility. We had our first special meeting to move the process along. The first step is to investigate procuring land. There are many items that will need to be done over the next three months, but we are eager to get started. The CC would like to thank Susan Egan and Caleb Buckley for staying on top of the school's requirements and following every lead and request from the state in order to procure these funds even in these tough economic times.

CC is in the process of summarizing the results of the online strategic plan survey and organizing the logistics of our upcoming meetings. We'd like to thank everyone again who participated in our survey and also those who will be dedicating their time during our more detailed planning meetings. We received many wonderful suggestions and feedback to consider when planning for the years ahead.

Our next Charter Council Meeting will be on Wednesday, February 9th at 3:30pm in the YRCS library. Agendas are posted 72 hours before the meeting on the front door of the school and online at www.yubarivercharterschool.org/parents.html. Parents are welcome to observe and/or participate in our meetings as well as speak at the 10 minute public comment portion at the beginning.

Important upcoming topics for discussion/approval include updates on faculty and director evaluations, update on the strategic planning process, and ongoing decisions for the state funding. Please check our future agendas for more details. Agenda requests must be submitted in writing to the CC Chair, Torrie Mudd, or the school Director, Caleb Buckley, one week prior to the CC meeting. Any questions or comments can be submitted by e-mail or by phone to any of your three Charter Council parent representatives:

- Robert Wallis 274-2246 robert@wallisdesignstudio.com
- Mariana Nielsen 292-3319 nielsenm@sbbmail.com
- Torrie Mudd 210-6507 torrie@torriemudd.com

Respectfully Yours,
Torrie Mudd
Charter Council Chair

2011 NCAL Small Schools Basketball Schedule

Date	Time	Home	Away	Location
11-Jan	5:00 PM	GVC	YRC	UHMPR
13-Jan	4:00 PM	YRC	MSM	RS
18-Jan	5:00 PM	YRC	Chicago Park	UHMPR
20-Jan	5:00 PM	YRC	RS	RS
26-Jan	5:00 PM	YRC	Crossroads	UHMPR
27-Jan	5:00 PM	NCSA	YRC	UHMPR
1-Feb	4:00 PM	YRC	Clear Creek	UHMPR
3-Feb	4:00 PM	YRC	Camptonville	UHMPR
8-Feb	5:00 PM	GVC	YRC	UHMPR
10-Feb	4:00 PM	MSM	YRC	RS
15-Feb	5:00 PM	Chicago Park	YRC	UHMPR

SPORTS UPDATE

The Yuba River Rapids Boys Basketball team surged through their first three games of the season, beating teams by comfortable margins, opening the new year with a 3-0 record. Go Rapids!!!



UHMPR - Union Hill School's multi-purpose room (NOT the big gym)
RS - Ready Springs

PROOFREADER NEEDED

An editor/proofreader is needed for the newsletter.

Our wonderful editor/proofreader, Mariana Nielsen, will still provide the Virtues articles. However, other YRCS interests are calling her.

If you understand the nuances of the clear written word, this is an easy and satisfying way to make a contribution to YRCS. You would need to allot 15-45 minutes between the Tuesday morning and Wednesday early evening prior to the newsletter release. From home, you would proofread the newsletter for clarity, and spelling and grammatical errors. You would need access to email and be able to read pdfs.

Please contact Lisa Hooper at Lisa@ObjectiveInsights.com or 272-1182 if interested or for further information.

“YOU CAN TALK TO ME”

Family Life Education Classes for Parents and Their Pre-Teens (10-12 year olds)

Do you want to be the person your son or daughter comes to with tough questions about puberty, peer pressure, sexual harassment, “the birds and the bees” and teen pregnancy prevention? Most parents do, but don’t know where to begin.

“You Can Talk to Me” is a unique 6-week series that allows you and your pre-teen to attend family life education classes *together*.

Free Parent Preview Night*

You’re invited to come and find out what the classes will cover and have your questions answered.

When: January 18, 2011 at 6:00 p.m. (Parents only please)

Where: CORE Charter School: 650 Gold Flat Rd. Suite C,
Nevada City, CA

Contact: Marlene Mahurin, Credentialed Teacher,
Family Life Educator and NCSA Parent
(530) 575-6582 or mmahurin@yahoo.com

To ensure the most effective class size, space is limited.

*Tuition for the 6 sessions is \$120 per family

SCHOOL STORE

Stop by the School Store

and see what we have!

Monday, Tuesday, Wednesday, and Friday

2:00 - 3:15 pm

We are located
Outside of the library

This is an all-school fundraiser.

Thursday Pastie Lunch Order Form

Happily offered by the 4th grade.

Pastie lunch dates:

Thursdays: February 3, 10, & 17

Orders are due by Thursday, January 27.

Questions? Ask Jenn Knapp @ 292-3501 or
letloveradiate@yahoo.com

Parent’s Name _____

Phone # _____

First Child’s full name _____

Grade _____

Check one:

____ Veggie Pastie – \$15.00

____ BBeef Pastie – \$15.00

____ Chicken Pastie – \$15.00

Second Child’s full name _____

Grade _____

Check one:

____ Veggie Pastie – \$15.00

____ BBeef Pastie – \$15.00

____ Chicken Pastie – \$15.00

TOTAL: \$ _____

See page 6 for full order details.



Yuba River Charter School CALENDAR OF EVENTS

<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>EVENT</u>
Fri	14 Jan		Winter Assembly at Vets Hall
Mon	17 Jan	no school	Martin Luther King Day
Wed	19 Jan	3:30 - 5:30 pm 5:45 pm	Parent Council meeting in library Grade 2 Parent Meeting
Thurs & Fri	20 & 21	afternoons 6:00 -7:30 pm	Strategic plan delegates meetings* Grade 8 Parent Meeting*
Wed	26 Jan		Grade 8 Dinner Fundraiser at Matteo's Grade 7 Parent Meeting*
Thurs	27 Jan		ALL LUNCH ORDERS DUE*
Thurs & Fri	27 & 28 Jan	afternoons	Strategic plan delegates meetings
Tues	1 Feb	1:30 & 6:30 pm	Rose Kindergarten Parent Meeting*
Wed	2 Feb	3:30 pm 5:30 pm	Grade 4 Parent Meeting* Grade 1 Parent Meeting*
Thurs	3 Feb	6:00 pm	Lavender Kindergarten Parent Meeting
Mon - Sat	7-12 Feb		Grade 8 at the Black Box Theater
Wed	9 Feb	3:30 pm	Charter Council Meeting in the library
Fri	11 Feb		Grade 4 to Donner*
Wed	16 Feb	3:30 - 5:30 pm	Parent Council meeting in library
Fri	18 Feb	Minimum Day	Last day before February Break
Mon-Fri	21-24 Feb	No school	President's Day and February Break
Mon	28 Feb	8:15 am	Back to school*
Tues	1 March	1:30 & 6:30 pm	Rose Kindergarten Parent Meeting*
Wed - Thurs	2-3 March		Grade 6 to San Francisco
Fri	4 March		Grade 4 to Donner*

* new item