

The Current

Office 265-6060
Kidspace ext. 121
Enrollment/Development ext. 102
Attendance ext. 109
Home Study Program ext. 110

To view newsletter online go to www.yubariverschool.org
email for newsletter submissions: info@yubariverschool.org

The newsletter of the Yuba River Charter School

"Receive the children in reverence, educate them in love, send them forth in freedom." - Rudolf Steiner

January 26th, 2012



Letter from the Director

I am very grateful to the charter council and the school community for supporting me in finishing my doctorate at UC Davis. My advisor and I have begun writing a research proposal that focuses on charter school leadership and I hope to graduate in the next school year. (Don't call me Dr. Buckley though or all the children will ask for me when they are sick). Over the next few months I will be using my leave time, mostly on Tuesdays and Fridays and the school will have a substitute director here for support.

Please allow me to introduce Shana Maziarz who just completed running the Environmental Film Festival for SYRCL. Those of you on the Ridge might know Shana from her role as director of the North Columbia Cultural Center and folks in the Bitney Springs area might know her as the former head of the Woolman School. Shana is also an accomplished river guide and has completed tours down the Grand Canyon. Harvard University can also count Shana among its alumni, she earned her Master's Degree there in human development. She will be sitting in my desk when I am out and will be working on outreach projects and being a substitute school director for whatever is needed. Come in and say hello.

In other important school news, we'd like to congratulate Erik Bell and Natasha on the upcoming birth of their first child in May. Mr. Bell will be taking a leave of absence for the last month of school and we have posted for a substitute. Patricia Montijo, our Spanish teacher, will be teaching his last main lesson.

For those of you who were here last Friday, we had an incredible music event sponsored by the educational foundation. We are reviewing the success of this music offering and will be putting together more entertainment for the coming months. In the meantime, do not miss the 8th grade play and the rest of our play season. This Winter and Spring, the most exciting thing to do on a Friday night is at YRCS!

Sincerely,

Caleb Buckley, YRCS Director



YRCS Calendar of Events

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Event</u>
Mon-Fri	1/23 – 1/27		“ Last Call ” for items in Lost & Found Most February Lunch Orders due this week – <i>see order forms</i>
Thurs	1/26	6:00 pm	Grade 5 Play Minimum Day
Fri	1/27	9:00 am	Grade 5 Play
Mon	1/30		Rice Bowl Lunch Orders due
Wed	2/1		Deadline for 2/15 Little Creek Lottery Charter Council Meeting
Thurs	2/2		Minimum Day
Fri	2/3		Unclaimed Lost & Found Items Donated to Charity Newsletter deadline
Mon	2/6	1:30 pm	RK Parent Meeting
Wed	2/8	2:00 pm	Charter Renewal Hearing
Thurs	2/9		Minimum Day
		10:00 am 7:00 pm	Grade 8 Play
Fri	2/10	10:00 am 7:00 pm	Grade 8 Play Grade 4 to Donner Ski Ranch
Sat	2/11	7:00 pm	Grade 8 Play
Wed	2/15		Grade 3 Play
Thurs	2/16		Minimum Day Grade 3 Play
Fri	2/17		Minimum Day
Mon-Fri	2/20-2/24		February Break

Charter Council News~

Hello YRCS Families:

CC has already been using the recently approved Strategic Plan to track progress on our school's long term goals. It is amazing to see how many of our very ambitious goals have been met or are in the process of being met. This speaks volumes to the dedication and energy of our families and staff. As one example, I'm sure you've noticed the greater effort on outreach. For example, there have been several wonderful articles about our kids in The Union and we've been having a presence at Victorian Christmas and the County Fair.

Another goal is to make our newsletter even more informative and useful. We are hoping teachers will share knowledge of Waldorf methods and we would like to encourage everyone to share YRCS experiences. Remember when Kimberley Carville wrote about the painting class she attended by Señora Montijo (http://www.yubariverschool.org/YRCS_Current_02_10_11.pdf, p. 9)? We will try to get some of the best of these published in The Union so the community can learn what we are all about. What's been your favorite event this year? Has one of your child's projects touched your heart?

Parent Ed evenings are a way to get an even deeper appreciation of Waldorf methods and Rudolf Steiner's teachings. We are still looking for someone who can occasionally spare a couple of hours to video these events. Please see Melissa Seibold in the office if you can help in this way. Because of fund-raising efforts during the Moondance auction and because state budget cuts weren't as deep as originally feared, the amount of money that we can provide our teachers and full time staff for their health benefits has been increased by \$1,500 to a total of \$2,500 for the current school year.

As a reminder, if you will be attending a class field trip or routinely volunteer with the children, please see Krissa Connelley in the office to learn about the procedure for getting your fingerprints and TB test results on file.

The policy for Little Creek enrollment, especially the priority status given for our Kindergartens, is currently being discussed.

More details about happenings are available in the full minutes available on the website: <http://www.yubariverschool.org/parents.html>.

Respectfully yours,
Mariana Nielsen, CC Secretary

Join Us in Sharing the Excitement!

Greetings YRCS Friends,

As we continue down the path to building our new school campus, we continue to reach out in educating and inspiring our community about the possibility for our school's future. Our building team continues to make good progress, in process of submitting the basic design to the CA Department of State Architects (DSA) soon. And the Educational Foundation was recently awarded a \$330,000 environmental watershed mitigation grant, which is nearly 10% of our overall project fundraising goal! This is a huge boost and great news!

As we precede, a wonderful new "ray of light," and inspiration, is shining on our community as we forage onward to reach our building project fundraising goal.

That ray of light is our recently completed, and truly beautiful, "Building Our New School" video.

The YRCS Educational Foundation was proud to share this video/DVD with our entire community, over the winter break, as it went home to each YRCS family. We are thrilled with the feedback and excitement the video has generated. And we hope your family has taken the time to view it to learn more about our school and its bright future.

The Educational Foundation invites you to support our efforts in being **ambassadors** of our

amazing school. We are the first public Waldorf charter school ever in this country, and now we are building the first publicly-funded Waldorf campus.

We welcome you to use the DVD as a tool by sharing it with your family, circle of friends and anyone whom you know may share our school and educational vision. It is our hope this video will connect with people, or organizations, who can help us with funding to build the Waldorf campus we dream of for our children, and for generations to come.

You may obtain an additional copy of the DVD from Melissa Seibold in the development office or utilize the YRCS YouTube link; [YRC DVD](https://www.youtube.com/watch?v=Ny7970Y8GEA&feature=youtube) (youtube.com/watch?v=Ny7970Y8

GEA&feature=youtube).

Let's work together as partners to attract and educate others to help us build the Waldorf-designed school we all dream of.

With gratitude for everything each of you contributes to our community and this education,

James Robinson
Educational Foundation Board Chairman

*We are the first
public Waldorf
charter school ever
in this country, and
now we are building
the first publicly-
funded Waldorf
campus.*

Dear YRCS Parents,

January 9, 2012

The CC would like to thank those that filled out last year's end-of-the-year parent survey. We received great feedback from our parents and the Charter Council takes all your suggestions very seriously. The survey, was presented at our December 7, 2011 meeting and all committees, faculty, and staff have received the results of the survey so that comments and suggestions can be reviewed and taken under consideration.

In summary, 85 surveys were submitted with the percentage of grade participation represented below:

HS (Home Study)	2 = 50%	RK (Rose K)	8 = 40%	4 th	18 = 56%
LC (Little Creek)	5 = 36%	1 st	11 = 38%	5 th	8 = 28%
SP (Sweet Pea)	5 = 45%	2 nd	21 = 70%	6 th	11 = 37%
LK (Lavender K)	11 = 50%	3 rd	15 = 52%	7 th	15 = 52%
				8 th	7 = 35%

90% of all the topics received a score of 75% and higher between categories 4 and 5 with 5 being excellent. That tells us that the vast majority of those surveyed are very happy about their experience here at YRCS.

The class teachers received outstanding reviews with many thanks being conveyed for all their hard work. 95% had an outstanding overall experience and felt very confident in our school's ability to prepare their child for the academic challenges of high school. Feedback asked for quicker communication and support around student discipline issues. The Specialty Programs received high ratings with comments that their children are really enjoying their specialty classes.

Administrative Personnel received high ratings with many comments thanking Caleb for his continued leadership. Suggestions are asking for parent concerns to be taken seriously, handled quickly and with more transparency. Many commented on their appreciation of the SHINE committee and they'd like more information and access to their services. Parents also ask for more clear, authentic, and transparent communication between teachers, administration and parents. The YRCS committees received a great review and thanks were given for the individuals who are giving of their time on the leadership councils.

Festivals are an important part of our Waldorf education and most of our families highly enjoyed our festivals with the Harvest Festival, Grandparents Day and Mayfaire seeming to be the most popular. Parent Council will be working hard to bring out the very best in our festivals this year.

A majority of our families read the school newsletter with 87% preferring to read the printed version. We received suggestions to include more parent information around Waldorf education in the newsletter as well as the school website. Only 21% view our school website of those surveyed with 83% knowing how to access it. This is an area where we can definitely improve. Our administrative office has been listening to your feedback and our website is undergoing a complete redesign. We are hopeful that it will be the main hub for school information in the near future.

Most parents understand our school's volunteer requirements and dedicate many hours of service to our school. Comments included wanting more accountability of fulfilling volunteer hours, making volunteerism mandatory, wanting clear specific communication on volunteer opportunities especially for working families, and volunteer recognition.

Other areas of comment were as followed:

- Requests for stricter and uniform enforcement of attendance, media, and dress policies
- Requests to review tactics for soliciting funds from parents as many are at or below poverty line and the school must consider the mutual giving relationship

Thanks again for your support, comments and suggestions. We hope everyone has a wonderful year at YRCS.
Respectfully Yours,

Torrie Mudd
Charter Council Chair

Parent Council “Passive Fundraising” REPORT ON SUCCESS! THANK YOU YRCS FAMILIES!

The YRCS Parent Council and Administration have taken on a much more active effort this year to inform and engage our school community in the various “no-cost-to-you”/passive fundraising opportunities that benefit our school. And this is a quick note to let you know that YOU ARE MAKING A DIFFERENCE.

Below is a snapshot of the Parent Council funds raised this school year through December 2011 because YOU have been going beyond to consider YRCS when you shop – locally, and online – for your families! Please note that these funds allow Parent Council to contribute to YRCS sports programs, parent education events, festivals, and many other activities. In fact, the Parent Council last week approved incremental funding for playground enhancements and new YRCS sports jerseys and equipment, largely due to the funds raised from the rebate programs. So, THANK YOU for your support!

YRCS Rebate Dollars Earned, Aug. – Dec., 2011

Amazon	\$5.81
Box Tops	0
Briarpatch	\$577.24
SPD	\$199.65
Holiday Market	0
Raley's	\$138.16
Safeway	\$793.93
Target	\$63.86
TOTAL!	\$1,778.65

Please continue to use your BriarPatch coupons, Grocery cards and shop at Amazon using the YRCS link on our website. The more money the PC earns, the more the PC can do to support our school activities.

Warm Regards,
The YRCS Parent Council*

*The mission of the Yuba River Charter School Parent Council is to be a strong voice for the parents in our community, encouraging their input and participation, and facilitating dialogue between them and the school; to be an umbrella that connects the parent initiatives; and to manage school fairs and festivals. With Waldorf education as our inspiration, we serve as the ears and voice of the Yuba River Charter School parents with the goal of strengthening our community, so that our school can more joyfully support and enrich the lives of our children and parents.

-Help Raise Funds for YRCS by Grocery Shopping-

Here is a way to financially contribute to your child's education without spending an extra dime. Just shop for groceries as you normally would and use your grocery card or coupons. So simple and easy. We will earn up to 4% of your qualified purchases; the annual potential is thousands of dollars!

Your out of town friends and relatives can help too if THEY SHOP THE BIG "CHAIN STORES". SEE DETAILS BELOW.

Please provide us with your name and address if requesting a card, coupons or a card linked to the school.

Your Name: _____

Your Address: _____

_____ Phone # _____

BRIAR PATCH SHOPPERS

Send me Briar Patch Coupons. (The coupons are also located on the bookshelf in the school rotunda.)

SPD SHOPPERS

Ask for a card at your next shopping trip. They will give you a form to fill out where you are asked to indicate which non-profit(s) you are supporting.

SAFEMART SHOPPERS

Link my Safeway card to the school.

My Safeway card #: (not my phone #) _____

Note if you no longer have your card and use your phone number at check out please call Safeway @ 1-877-723-3929 and they will provide the card number.

Did you know that out of town friends and relatives can contribute by having their Safeway cards registered with us? All we need is their name, address and card number:

Link additional Safeway card to the school. (Friends, grandparents etc. Local or OUT OF TOWN)

Their Name: _____

Their Address: _____

_____ Phone # _____

Their Safeway card #: (**not** phone #) _____

RALEY'S SHOPPERS

Send me a Raley's card. (You will need to register the card on line. It takes about 2 minutes. Instructions are on the card.)

Yes I want more cards for friends and family. (Local **or** out of town. We are happy to send them to you.

They can be used at Bel-Air and Nob Hill stores as well.) **Indicate how many extra cards you need here:** _____
Users will need to register on line, or you can do it for them.

Return this form to the Office and Thank You for Supporting YRCS!

Yuba River Charter School
and
Discovery Studio
present
The Drama Guild

Ever think you could be the next hot Hollywood or Broadway star?
Come join us to learn how to act by doing a play. Practices will be Thursdays from 1:15 until 2:45 beginning February 2nd. Our play will be in May.

The Guild is open to all students in 3rd to 8th grades.
Cost for participation is \$120. This can be paid monthly or in full at the beginning of rehearsals.

For more information come to the meeting for parents and students January 31st at 7:30 p.m. in the auditorium, or call Discovery Studio 723-0265.

Job Posting

POSITION: Grade 5 Class Teacher - Long Term Sub

SITE: Yuba River Charter School
505 Main Street
Nevada City, CA 95959

BEGINNING: May 1st through June 8th, 2012

APPLY: Send application*, resume and cover letter to:
Caleb Buckley/Director
Yuba River Charter School
caleb@buckleydirector.com

DEADLINE: February 7th, 2012

*Application can be found at our Web Site:
yubariverschool.org
See Employment Opportunities

Yuba River Charter School is an Equal Opportunity Employer.

AT THE FARM

Yuba River Charter School Home Study Farm Program



The farm is still producing a lot of food.



We cut back the flower bed in preparation for spring.



Row covers like these help protect the plants from freezing weather.

Our Home Study Farm Program is for Grades 1, 2 & 3 (ages 6-9). Classes meet on Mondays and Wednesdays at the Sierra Friends Center from 9 a.m. to 1:30 p.m.

To schedule a "Day in the Life of the Farm Program" visit call Yuba River Charter School at 530.265.6060 ext. 110 or email us at raelynnnoel@gmail.com

You can visit us at <http://www.yubariverschool.org/homestudy.html> See our new blog at <http://yrshomestudyfarmprogram.blogspot.com/>

Friday Night Light and Heavy

Fundraiser for YRCS Ed Foundation

A Huge success! Look for details of the event in the next newsletter.



Huge props to Nichols for orchestrating such an incredible evening of talent and community love and pride! We are DEFINITELY NOT “too cool for school,” but THE coolest school on the planet! From our amazing teachers performing (Doris & Baruch), to our rockin’ parents (George Cutter, Nichols & Jeremy Laurin, Shawn Blue and Jen Knapp – WOW!), to our kindergarten teachers’ spouse and beloved Mailman (Mark McCartney), and alumni talent (Blake & Maya) to our own students – The Opposition. Almost too much to handle! ;-) The event earned \$715 at the door. And the artists donated their time & talent.

Thanks again Nichols! YOU rock!

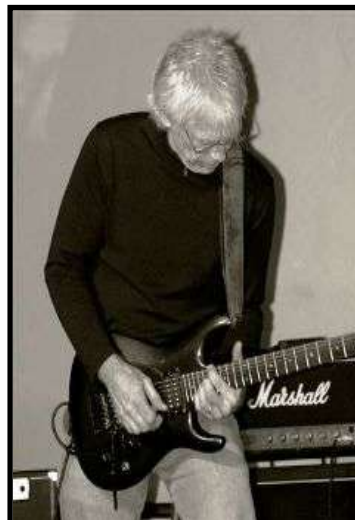
Pictures from the event continue on the next page. Many Thanks to Mrs. Glorfield for her beautiful **PHOTOS**.... the newsletter always welcomes photos from parents attending YRCS Events!



Friday Night Light and Heavy



Many Thanks to all who performed and all who attended!



Eurythmy Workshop

-Health and Harmony through Movement-

With Cynthia Hoven

Tuesday, February 7th, at 6pm at Yuba River Charter School Auditorium
Sponsored by: YRCS Parent Council

Eurythmy is a vital subject in the Waldorf School curriculum. Eurythmy classes accompany and support the other subjects of the school in weekly sessions throughout the year. These integrate the academic and artistic experience of learning with specialized, age-specific somatic experiences.

Eurythmy for adults has yet another focus, supporting health and harmony on all levels through artistic practice. Our movements are inspired by imaginative pictures of the forces of life, love and wisdom as they stream into us, through us, and into the world. They gain meaning through language and poetry, which form and shape our gestures.

Eurythmy is done standing, in normal clothing. We do not need exercise mats. Eurythmy does not promise to make us sweat, or to burn calories. Rather, it unlocks for us the power to feel harmony and well-being, supporting our forces of health, resilience and creativity.

- ❖ Done as a personal practice, Eurythmy opens us to personal transformation and the capacity to unfold our higher self.
- ❖ Done as a group practice, Eurythmy greatly strengthens the possibility for collaborative work. As they move together, participants learn to perceive the energy and will of one another and how to participate as effective team members.
- ❖ Done as a personal therapeutic practice, Eurythmy strengthens our life forces in very specific ways, offering a unique path of healing or relief for a wide variety of ailments.



About Cynthia Hoven

Each session I teach confirms for me that Eurythmy is able to unveil the true inner beauty of each participant. My greatest joy comes from bringing Eurythmy to people who seek to find deeper meaning through their movement practice. I have taught Eurythmy to thousands of people over the past 30 years, in college settings, public workshops, retreats, and in private therapeutic sessions. In 2002 I founded the Eurythmy Training at Rudolf Steiner College, a four year, full time professional training, where I served as director and principle instructor for eight years. for more info, please contact Cynthia at choven@experienceeurythmy.com

The Magic Theater Presents....



The Quest for Local Honey

Sweet Pea parent Karin Meadows and her friend Jen Rhi Winders just completed a documentary about local honey and human connections. After their recent showing at the Wild and Scenic Film Festival they are excited to invite their community to the Magic Theater on February 25 2:30 pm and 4:30 pm,

When she submitted her copy for the newsletter Karin said this: "it's been a long road for sure, we've put our spare time and savings into this three year endeavor, a wild ride and hopefully helpful for our faithful pollinator friends.

We'll be selling DVDs at this showing with a dollar a DVD going to a pollinator non-profit Partners for Sustainable Pollination. They have an initiative "Bee Friendly Farming" where they get farms, gardens, workplaces, and schools to satisfy basic requirements for healthy bee populations, something interesting for our school maybe in the future..."

"Thanks for the support, we'd love to get the word out there about how to help the honeybee, and this quirky documentary may be the way."

Well wishes, Karin Meadows
www.questforlocalhoney.com

Monday for Moms

HAALo, Health Alternatives for all Locals presents, "Monday for Moms" on Monday mornings, from 8:45-10:30 at 311 Commercial Street. In these relaxed and information filled gatherings, we will discuss such topics as keeping your children healthy throughout the winter, how to create a sacred and non-toxic home, an alternative look at fevers, pregnancy: before, during, and after and many more. These classes were designed specifically to accommodate the parents' busy schedule and are being held right after drop-off.

So, join us for a warm cup of tea and a holistic perspective on health. For a complete class description, please visit http://haalo.org/?page_id=26 . Class cost is 20.00 for drop-ins or \$75 for any 5 classes excluding the first aid class. Sliding scale available. No one turned away due to finances.

Please contact Penelope at 913-0788 for more details and to RSVP or penelope@living-with-vitality.com.



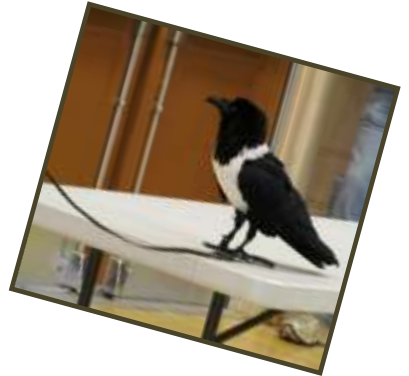
Bear River Equine Center
20110 Hwy. 49 Just South of Cerrito
Horse Riding Therapy & Lessons
Call instructor Tia Cook 530-401-6872

Sensory integration & horse riding: It's all in the movement! Up and down, side to side and forward to back, all at the same time. Throw in changes in speed, variables in rhythm and a whole host of sensory inputs and you've got motion that impacts your brain and body in significant ways. Horseback riding is an amazing gift and opportunity to give your child. Horse Riding encourages: Cognitive Activity ~ Sensory

Integration ~ Correct Muscle Tone ~ Gross & Fine Motor Skills ~ Increased Physical Stamina ~ Proper Posture ~ Independence & Social Skills ~ Emotional Stability ~ Self Esteem ~ Vocalization ~ Appreciation & respect for the creatures we share our world with ~ And lots and lots of smiles. *A number of YRCS children are work with Tia at the Bear River Equine Center with fabulous results!*

Wild Things Assembly

Hosted by the 4th Grade



Friday's Gluten Free Rice Bowl

Offered By the 6th Grade and Emily's Catering - Rice Bowl lunch dates: Friday, Feb 3, 10, 17,
Orders are due by Monday January 30th. Make Checks Payable to: YRCS FF
Contact Benjie at wallisfamily@sbcglobal.net

Parent's Name: _____ Phone# _____ Email _____

1st Child's full name: _____ Grade: _____

The bowl comes with cilantro lime rice with sweet soy sesame glaze sauce.

Veggie – Steamed cabbage, carrots, broccoli and green onions with sauce - \$13.50

Chicken – Same ingredients as above plus Grilled chicken - \$15.00

2nd Child's full name: _____ Grade: _____

The bowl comes with cilantro lime rice with sweet soy sesame glaze sauce.

Veggie – Steamed cabbage, carrots, broccoli and green onions with sauce - \$13.50

Chicken – Same ingredients as above plus Grilled chicken - \$15.00

3rd Child's full name: _____ Grade: _____

The bowl comes with cilantro lime rice with sweet soy sesame glaze sauce.

Veggie – Steamed cabbage, carrots, broccoli and green onions with sauce - \$13.50

Chicken – Same ingredients as above plus Grilled chicken - \$15.00

Total _____

Articles and/or pictures for the newsletter are most welcome. Please note deadline dates on the newsletter calendar. All submissions are subject to space constraints and Director's approval. Email to info@yubariverschool.net

*Parents Please Note: This is the week to check **the Lost & Found!** Unclaimed items will be donated to a charity at the end of next week. Please mark your student's clothing with their name so we can return items to the classroom instead of donating them.*

"Donations" of free items are still being left on the front steps of the school. We are forced to discard or donate items that are left there; even if they seem useful. Please instead, donate to one of our many worthy local charities. Stop by the office if you need assistance finding one. Thanks for your help & understanding~

If you have a flier that you would like to see posted at the school, please turn it in to the Office for approval. We will gladly post approved fliers and include them in the newsletter if space permits.

ENROLLMENT NEWS

LITTLE CREEK PRESCHOOL: If you are a current YRCS Little Creek family and your child will be turning 5 by or before November 2nd, 2012, you will automatically be included in the March kindergarten lottery, which is held on March 15th, 2012. You may see Melissa in Enrollment if you have any more questions.

YUBA RIVER CHARTER SCHOOL AUDITORIUM
505 MAIN STREET NEVADA CITY, 530.265.6060
TICKETS SOLD @ BRIARPATCH AND HARMONY BOOKS

TWELFTH NIGHT

Hilarious
**A COMEDY
BY WILLIAM
SHAKESPEARE**

Directed by Dinah Smith
& Sandra Rockman

PRESENTED BY YRCS 8TH GRADE
Thursday, February 9, 2012: 10am & 7pm
Friday, February 10, 2012: 10am & 7pm
Saturday, February 11, 2012: 7pm

\$5 STUDENTS

\$7 ADULTS

School Store

A 6th grade fundraiser

We have

Crayons and crayon holders Wool yarn
Colored pencils Handmade jewelry
Beeswax School shirt

And lots more!

Open Tuesdays and Fridays 1:45-3:00

Now in the school entrance!

Stop by and check it out!

Become a Waldorf Teacher

Information Evening

Monday, January 30 at 7:30pm

*Learn More about Waldorf Education and the
Transformative Experience of the K-12 Waldorf Training*

Waldorf Teacher Education Programs

- Focus on Early Childhood, Grades, and High School with full-time, part-time, and summer options
 - Are an innovative, whole-person approach to education
 - Awaken the imagination and the artist in every teacher
- Financial assistance is available**

and Visitor Days

Monday, Jan 30 and Tuesday, Jan 31

To visit classes at our Fair Oaks campus, register through our Admissions Office: 916-961-8727 extension 100

*Worldwide demand for teachers in over 1,000 Waldorf schools,
including 250 in North America and Hawaii*

Rudolf Steiner College

9200 Fair Oaks Blvd., Fair Oaks, California 95628 | 916-961-8727 ext.100
Visit us online at www.steinercollege.edu

Fundamentals of Waldorf Education An Introduction

with Astrid Schmitt-Stegmann
and Doug Morkner Brown

Saturday, February 11, 2012 8:30am-4:15pm

For Parents, Teachers, Administrators, and Board Members



- Learn how the Waldorf curriculum and method meet the developing child from kindergarten through adolescence
- Gain a better understanding of the philosophical basis of Waldorf Education
- Learn how Waldorf is healing education for children
- Learn how the arts further academic progress, emotional balance, and strength of character
- Explore ways Waldorf develops critical, creative thinkers
- Hear about Waldorf's disciplined and imaginative approach to mathematics and science
- Experience the Waldorf curriculum first-hand through artistic activities

Workshop Fee: \$45. Registration: Visit www.steinercollege.edu or call 916-864-4864.

ASTRID SCHMITT-STEGMANN, MA, directs our Waldorf Teacher Education Program. Recognized internationally as a leading Waldorf educator, she lectures and mentors teachers in Waldorf schools in the United States, as well as in Germany, Russia, Thailand, Mexico, and the Philippines.

DOUG MORKNER BROWN, eighth grade teacher at the Sacramento Waldorf School, has enjoyed being a Waldorf class teacher for the last thirteen years.

RUDOLF STEINER COLLEGE

36 Years of Excellence in Waldorf Teacher Education
9200 Fair Oaks Blvd., Fair Oaks, California 95628 • 916-961-8727
Visit www.steinercollege.edu or e-mail rc@steinercollege.edu

*First Grade's
Snowmen in the Hallway-*



Dream Survey

Hi, my name is Jen Hierman, and I'm in 8th grade. For my 8th Grade project, I am studying dreams. I am curious as to whether children, teenagers or adults are more capable of remembering their dreams and if the majority usually tend to remember their nightmares, or just a specific recurring dream. This is an anonymous survey that I will use as part of the display of my project. Please return all surveys to the office or to me personally.

Write in your age according to the ranges given:

Child 5-10 _____

Adolescent 11-15 _____

Young Adult 16-20 _____

Adult 21+ _____

Please Make a check mark:

Male _____

Female _____

Add any examples or questions you may have concerning dreams. Feel free to use the back of this page!

	ALWAYS ←---→ NEVER CIRCLE A NUMBER FOR YOUR ANSWER				
1. Do you remember your dreams?	1	2	3	4	5
2. Are you able to consciously wake yourself up form a dream?	1	2	3	4	5
3. Do your dreams usually reflect your day to day life?	1	2	3	4	5
4. Are you ever influenced by a dream you've had?	1	2	3	4	5

Please make a checkmark according to your answer.

5. Have you *ever* had a recurring dream? **Yes** ___ **No** ___
6. Do you *ever* have flying dreams? **Yes** ___ **No** ___
 ▲ If not, do you remember if you did when you were younger? **Yes** ___ **No** ___
7. Do you *ever* have falling dreams? **Yes** ___ **No** ___
 ▲ Did you have them as a child as well? **Yes** ___ **No** ___
8. Do you *ever* write your dreams down? **Yes** ___ **No** ___
 ▲ If so, do you think you benefit from it? **Yes** ___ **No** ___
9. Have you *ever* had a nocturnal dream come true? **Yes** ___ **No** ___
10. Does contemplating your dreams help you to analyze them? **Yes** ___ **No** ___

Thank you for taking this survey!

Jen