The Current

Office 265-6060

Kidspace ext. 121

Enrollment/Development ext. 102

Attendance ext. 109

Home Study Program ext. 110

To view newsletter online go to <u>www.yubariverschool.org</u> email for newsletter submissions: <u>info@yubariverschool.org</u>

#### The newsletter of the Yuba River Charter School

"Receive the children in reverence, educate them in love, send them forth in freedom." - Rudolf Steiner

March 22, 2012



#### **Letter From the Director**

As of Wednesday, March 21,

we are at \$80,934 and only

69% participation. Please

be a part of the 99%, it's

time to Occupy Waldorf and

be counted!

In a few weeks we will turn our focus to planning next year. We will be looking at the budget from the state, the school calendar, fundraising totals, and programs. This year we have two kindergarten applicants for every opening and the early childhood program is discussing a two day per week kindergarten

option which would function like the three day Sweet Pea class but have a slightly lower priority for 1<sup>st</sup> grade, although guaranteed admission to the farm program. The middle school has been working on a plan to create some more practical arts courses to help reduce class size in handwork and provide more skills for the kids. Soon we will be looking for artisans who are interested in offering woodworking, clay, and art. In addition, we are meeting with eurythmy, and music, dance teachers to discuss our movement program for the Fall.

Did you know that we have many electives now happening after school? On Mondays and Wednesdays we have a debate class lead by graduates of YRCS now on the NU debate team. Thursday after school we have a very popular drama club preparing for a May performance. You can find a few guys playing Dungeons and Dragons after school. We have girls volleyball season well under way and track for grades 4-8 is

starting on Friday. Between plays and clubs, it is not unusual to have 45 students here after school each day. I would especially like to thank the 6<sup>th</sup> grade for their leadership in these clubs and the student council for being so enthusiastic and proactive.

Last week 21 teachers and staff attended a

Second Step anti-bullying training which was excellent. We are currently reviewing curriculum materials and will be piloting a few discussions this spring with students.

In governance news, the school is looking for two parents to join the hiring committee. Parents must have been at the school for two years and we need one representative from grades k-4 and one 5-8. Also, we have two charter council members whose terms will expire and they are not running for reelection. Please think about whether

you would be able to serve your child's school as a parent representative. Parent council runs both of these elections next month!

My only concern this month is that we have not reached our fundraising goal yet and we need to put those numbers in the budget to plan for programs and benefits in 2012-13. As of Wednesday, March 21, we are at \$80,934 and only 69% participation. Please be part of the 99%, it's time to Occupy Waldorf and be counted!

Sincerely, Caleb Buckley YRCS Director

#### YRCS Calendar of Events

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Event</u>
Thurs	3/22	4:00 pm	Minimum Day Girls Volleyball vs Clear Creek @ Ready Springs
Fri	3/23	8:15 am	4 <sup>th</sup> Grade Coffee House Kindergarten Gardening Day
Sat	3/24		Day In The Life: Kinder and Little Creek
Mon-Fri	3/26-3/30		"Last Call" for Lost and Found Items April Lunch Orders Due – check forms for dates
Tues	3/27	5:30 pm 4:00 pm	G4 to Maidu Museum G3 Parent Evening Girls Volleyball vs Mt. St.Mary's @ Mt St. Mary's
Wed	3/28	3:30 pm	Ed Foundation Meeting
Thurs	3/29	10:00 am 7:00 pm	Minimum Day G7 Play <b>Tom Sawyer</b>
		4:00 pm	G3 Alpaca Field Trip NEW DATE Girls Volleyball vs GV Charter @ Union Hill
Fri	3/30	8:15 am	4 <sup>th</sup> Grade Coffee House Minimum Day
		10:00 am 7:00 pm	G7 Play <b>Tom Sawyer</b>
Sat	3/31	7:00 pm	G7 Play <b>Tom Sawyer</b>
Mon-Fri	4/2-4/6		Spring Break No School
Mon-Fri	4/9 – 4/13		G5 – 8 Health Classes
Mon	4/9		Newsletter Deadline
Tues	4/10	5:30 pm 4:00 pm	Little Creek Parent Evening Girls Volleyball Finals
Wed	4/11	3:30 pm 5:45 pm	Charter Council Meeting G8 Parent Evening
Thurs	4/12		Minimum Day
Fri	4/13	8:15 am	G4 to Malakoff 4 <sup>th</sup> Grade Coffee House
Sat	4/14		Day In The Life
Wed - Fri	4/18 -4/20		G3 to Full Belly Farm
Wed	4/18	3:30 pm 5:30 pm	Parent Council Meeting G2 Parent Evening
Thurs	4/19		G6 Play Minimum Day
Fri	4/20	8:15 am	G6 Play 4 <sup>th</sup> Grade Coffee House

#### Moderation

#### Seventh grade is hosting this month's virtue

Moderation is creating a balance in your life. It means you don't do the same thing all the time. Doing school work all the time or playing all the time is not being moderate. Being moderate is studying enough and playing enough, working enough and resting enough. Moderation is stopping before you go overboard. It is using self discipline to keep from overdoing.

Too little of something is as immoderate as too much. People who talk too much cans be disruptive. People who don't talk at all get ignored, and when there is a discussion, their special way of thinking about things is missing.

When we practice moderation we make a choice to be the way we want to be.

Adapted from The Families Virtue Guide

"Even nectar is poison if taken to excess."

**Hindu Proverb** 

'Be moderate in order to taste the joys of life in abundance."

**Epicurus** 

"Enough is a good as a feast."

**English Proverb** 

"A thing moderately good is not so good as it ought to be. Moderation in temper is always a virtue, but moderation is principle is always a vice."

**Thomas Paine** 

I am thankful and content to get what I need. I don't overdo or underdo but find what's just right for me

#### **Manners Matter!**

#### Try four easy ways to teach kids how to behave ~ from Love and Logic

In all parts of their lives, children with great manners have a powerful advantage over those who do not. They make friends easier, get along better with their teachers, and eventually make much better employees and spouses. Here are four techniques that will give your child this life-long gift:

#### Tip No. 1: Make a list

Sit down with your kids and make a list of the specific behaviors polite people display. Have fun with this activity. Your written list might look something like:

- Say "please" and "thank you"
- Eat with their mouths closed
- Burp in the privacy of their own rooms
- Say "excuse me"
- Hold doors open for people

#### **Tip No. 2: Model these manners**

Children learn much more from our actions than from our words

#### Tip No. 3: Provide kids what they want only when they use manners

When parents use Love and Logic, they don't waste their breath lecturing about good manners. Instead, they very politely refuse to provide what their kids want unless they hear a sweet "please" or "thank you" and see the other behaviors on their "manner list."

For this to work, parents must respond to requests with polite sadness instead of anger or sarcasm. For example, a parent might say in a sad tone of voice, "This is such a bummer. We can't go to the movies

today because you need more practice with manners first."

A parent who sets this limit, avoids anger or sarcasm, and holds firm by staying home will see a very upset child in the short-term and a much happier, more responsible one in the long-term.

#### Tip No. 4: Expect them to repay you for any embarrassment they cause

If your child continues to be rude, he or she may need to repay you for the embarrassment or inconvenience created. With genuine empathy and sadness, a parent might say, "How sad! Your rudeness at Aunt Mary's house really drained the energy out of me. I've been too tired to clean the bathrooms. When you get them done, I'm sure I'll feel a whole lot better."

If the child refuses or forgets to do the chore, wise parents don't lecture or threaten. Instead, they quietly allow their child to "pay" for their bad manners with one of their favorite toys.

Thousands of parents have transformed manner monsters into polite kids who are a pleasure to be around. At one Love and Logic seminar, a parent commented, "When I used these tips, my boys almost immediately started to shape up. They even warned one of their rather rude friends who was visiting: 'Better stop burping...Our mom's gonna make you do chores."

Give these Love and Logic tips a try, and see how much fun parenting can be!

#### <u>ATTENDANCE NEWS</u>

Congratulations to the following students who have perfect attendance up to March 2 of this school year:

\*Perfect attendance is when a student has no <u>absences</u> or <u>tardies</u> for the year\*

If you think your name is missing from this list, please contact Debra at the Attendance Desk!

<u>Grade 2</u> Axiyana Malone Riya Subedi

Grade 3 Maya Upton Grade 4 Clara Gardner

<u>Grade 5</u> Darrian Collins Ferrous Gjertsen Grade 6 Misa Terrell <u>Grade 7</u> Nikolai Beck-Sweigart Tre Edgerton Lilith Gjertsen

\*\*\*A BIG THANK YOU TO THE PARENTS\*\*\*

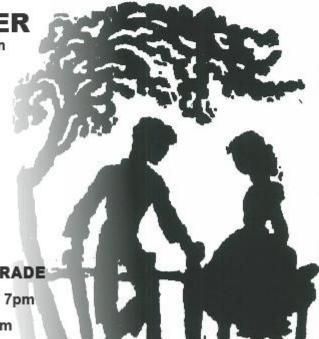
YUBA RIVER CHARTER SCHOOL AUDITORIUM 505 MAIN STREET, NEVADA CITY, 530.265.6060 TICKETS SOLD @ BRIARPATCH AND HARMONY BOOKS



#### BY SARA SPENCER

adapted from the novel by Mark Twain

Directed by Dinah Smith & Sandra Rockman



#### PRESENTED BY YRCS 7TH GRADE

Thursday, March 29, 2012: 10am & 7pm

Friday, March 30, 2012: 10am & 7pm

Saturday, March 31, 2012: 7pm

\$5 STUDENTS

\$7 ADULTS

Tickets are available in the Office



#### The Quest for Local Honey

Sweet Pea parent Karin Meadows and her friend Jen Rhi Winders just completed a documentary about local honey and human connections. After their recent showing at the Wild and Scenic Film Festival they are excited to invite their community to The Briarpatch Community Room on March 23, @7:00 pm

When she submitted her copy for the newsletter Karin said this: "it's been a long road for sure, we've put our spare time and savings into this three year endeavor, a wild ride and hopefully helpful for our faithful pollinator friends.

We'll be selling DVDs at this showing with a dollar a DVD going to a pollinator non-profit

Partners for Sustainable Pollination. They have an initiative "Bee Friendly Farming" where they get farms, gardens, workplaces, and schools to satisfy basic requirements for healthy bee populations, something interesting for our school maybe in the future..."

"Thanks for the support, we'd love to get the word out there about how to help the honeybee, and this quirky documentary may be the way."

Well wishes, Karin Meadows www.questforlocalhoney.com

DVD now available in the School Store!

#### Introducing Daníelle Reed



Danielle is our new aid in third grade. She was born in Riverside, Ca, raised in Penn Valley and has a Bachelors Degree from Chico State University in Liberal Arts.

She is very passionate about education and learning. She is currently working on her California Multiple Subject Teaching Credential with CalState TEACH, a teaching internship program through Fresno State.

During the summer, she works as a whitewater rafting guide on the American River. Danielle also enjoys snowboarding, hiking and traveling. She finds it is a true blessing to be able to do what she loves while working with and learning from such an inspiring group of people.

Please help us welcome Danielle!

Thank you to Officer Goin from the Nevada City Police
Department who came to YRSC to give a short
presentation about Stranger Danger and being Smart and
Safe. Our students had many questions and were
rewarded at the end of the program with some small
tokens from the police department.









LAMPOST

# PIZZA Lunch Order Form April

Monday Pizza Lunch Dates: April 16, 23, 30 Orders Due March 26 2012

NOTES: We are not offering a drink with this lunch, it is pizza, pizza and only pizza.

Questions: Jennifer Knapp letloveradiate@yahoo.com

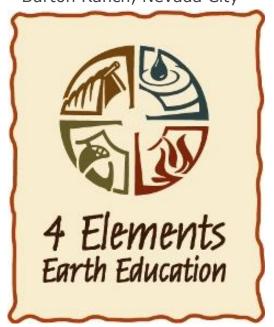
Parent's Name		Phone:
First Child's full name:		Second Child's full name
Grade		Grade
Circle either	cheese or pepperoni:	Circle either cheese or pepperoni:
1 slice:	Cheese/Pepperoni \$7.50	1 slice: Cheese/Pepperoni \$7.50
2 slices:	Cheese/Pepperoni \$12.00	2 slices:Cheese/Pepperoni \$12.00
	Total:	
	Burritos are served Orders are due ered by the 7th grade and are provided by	A Wednesdays April 2012 I on Wednesdays: April 11, 18, 25 E by Thursday March 23, 2012  Y Emily's Catering and Cakes of Nevada City. Burritos contain organic ome with chips, and a 100% juice drink, if you choose. Make checks out to
YRCSFF.	All lunches must be paid	for separately. Late orders are accepted on a lease do not leave late orders in envelopes.
	s Name:	
Bean & Bean & Chicker	Cheese, & Rice Burrito —\$12.00 & Cheese Burrito — \$12.00 & Rice Burrito — \$12.00 n, Bean, Cheese, & Rice Burrito — \$1 oox for the month - \$3.00	5.00
Second Chi	ld's Name:	Grade:
Bean & Bean & Chicker	Cheese, & Rice Burrito —\$12.00 & Cheese Burrito — \$12.00 & Rice Burrito — \$12.00 n, Bean, Cheese, & Rice Burrito — \$1 box for the month - \$3.00	5.00
Burrito Cos		many months in advance or have other questions

#### 4 Elements Earth Education Fox Walker Program

is offering a special SPRING BREAK DAY PROGRAM in collaboration with

#### <u>Sierra Streams Institute</u>

Monday, 4/2 - Thursday, 4/5 9:30 - 4:00 Burton Ranch, Nevada City



Through this exciting collaboration, students will develop ecological stewardship skills by hands-on experiences led by professional wilderness instructors and biological scientists in nature's classroom.

\$150 for the four-day program, due on first day of program.

For more information and to register visit: <a href="https://www.4eee.org">www.4eee.org</a>

FAQ Box has been moved to the book case in the rotunda. If you have questions that you'd like addressed in the newsletter, please fill out one of the forms provided

#### Parent Note:

Please be considerate of our neighbors. When parking, please be careful not to block their driveways or access to their property.

If you are able, please consider parking a few blocks away and walking up to the school.

### Lost and Found-----

Please check the Lost and Found often for your children's items. Another donation of unclaimed items was made to a charity last week.

We check each item for a name so it can be returned to the classroom instead of donated, so please be sure to mark you child's items.

Marking items will also help identify them so they are not mistakenly taken by another family.

#### Tuesday Pastie Lunch Order Form

Happily offered by the 5th grade Pastie lunch dates: April, 10, 17, 24

#### Orders are due by March 27

Questions? Ask Jenn Knapp: letloveradiate@yahoo.com

Parent's Name	Phone #		
First Child's full name	Grade		
Check one:Veggie Pastie - \$15Bee	f Pastie - \$15Chicken Pastie - \$15		
Second Child's full name	Grade		
Check one:Veggie Pastie - \$15Beef P	astie - \$15Chicken Pastie - \$15		
	Total: \$		
Calzone Lunch  Calzones are offered by the 4th grade and are provided by Mir  Calzones are served on Thurs  Orders are due  Please return for  Please make checks pay	ner Moe's, and served with marinara dipping sauce. sdays: 4/12, 4/19, 4/26 by 3/30 m to child's class		
Parent's Name: Phone #: _			
First Child's Full Name:	Grade:		
Veggie Calzone (Cheese, mushrooms, black olives) —\$14.25 Canadian Bacon & Cheese Calzone —\$14.25			
Second Child's Full Name:	Grade:		
Veggie Calzone (Cheese, mushrooms, black olives) —\$14.25 Canadian Bacon & Cheese Calzone —\$14.25			
Third Child's Full Name:	Grade:		
Veggie Calzone (Cheese, mushrooms, black olives) —\$14.25 Canadian Bacon & Cheese Calzone —\$14.25 TOTAL DUE:			

If you are interested in paying for many months in advance or have other questions just ask Anna Reischman @ 272-1397

#### Educational Foundation Treasurer Position Still Open-

On a regular basis, the Treasurer shall make a report at each Board meeting, prepare an annual budget, make deposits and write checks as needed, and make financial information available to Board members and the public upon request. The Treasurer will serve as the Chief Financial Officer of the organization and manage action related to the Board's financial responsibilities. The Treasurer will work with the bookkeeper to maintain updated financial records and analyze discrepancies.

#### **Expectations:**

- Attendance at monthly meetings fourth Wednesday of each month, from 3:30 to 5:30, childcare provided.
- Supporting and communicating Ed Foundation goals in the school community
- Joining a committee or taking a board position: Grants, Alumni outreach, Annual Drive, Matching Grant, Bylaws/Admin, Newsletter Communications, Moondance
- Participation in Ed Foundation activities: Moondance, Annual Fund Drive, Concert Series

#### Benefits:

- Gaining a deep understanding of what is happening throughout the school: direct reports from parent council, faculty, business manager and director
- Meaningful contribution to the school's objectives and your child's education
- Getting to know a wider circle of people within the school community
- We have fun!

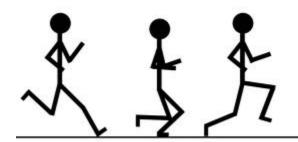
If interested, please contact: The Office



The YRCS Educational Foundation is looking for community members to join the Auction Items Management Team in preparing for Moondance 2012. The adage, "Slow and steady wins the race," is truly applicable here. Preparing throughout the Spring and Summer will allow our event to flourish. We look to gather a team of friendly helpers willing to connect with community business, and strategizing creatively, to bring new tantalizing items to our fundraising event. Please contact Melissa Seibold (ext. 102) if you would like more information and have a willingness to help.

#### RUNNING ENTHUSIASTS

Are you interested in inspiring YRCS students and parents to join your passion for jogging, while raising money for our school? Please contact Melissa (ext. 102) if you would like more information on the future YRCS Jog-a-Thon in Nevada City!



# -Help Raise Funds for YRCS by Grocery ShoppingHere is a way to financially contribute to your child's education without spending an extra dime. Just shop for groceries as

Here is a way to financially contribute to your child's education without spending an extra dime. Just shop for groceries as you normally would and use your grocery card or coupons. So simple and easy. We will earn up to 4% of your qualified purchases; the **annual potential is thousands of dollars!** 

Your out of town friends and relatives can help too if they shop the big "chain stores". See details below.

Please provide us with your name and address if requesting a card, coupons or a card linked to the school.

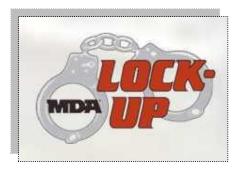
,
Your Name:
Your Address:
Phone
BRIAR PATCH SHOPPERS
Send me Briar Patch Coupons. (The coupons are also located on the bookshelf in the school otunda.)
SPD SHOPPERS
Ask for a card at your next shopping trip. They will give you a form to fill out where you are asked to indicate which non-profit(s) you are supporting.
SAFEWAY SHOPPERS
Link my Safeway card to the school.
My Safeway card #: (not my phone #)
Did you know that out of town friends and relatives can contribute by having their Safeway cards registered with us?  All we need is their name, address and card number:
Link additional Safeway card to the school. (Friends, grandparents etc. Local or OUT OF TOWN)
Their Name:
Their Address:
Phone #
Their Safeway card #: (not phone #)
Merchant Amount Contributed
SPD Markets \$2,314.26
Safeway \$176.51

2011 contributions from two of our merchants!

#### Yuba River Charter School "Arrest"

Mr. Buckley was taken into custody at the school on Wednesday March 7<sup>th</sup> as part of The Muscular Dystrophy Association's "**Lock Up**" fundraiser. He was transported to "jail" (The Holbrooke Hotel) where he and other community leaders raised "bail" for their release. The money he raised; almost \$500.00, will be used to help fund programs offered by the MDA. The Muscular Dystrophy Association provides comprehensive health care and support services, and funds a worldwide research program to benefit adults and children with neuromuscular diseases. They maintain some 200 hospital-affiliated clinics nationwide, including more than 35 MDA/ALS centers that offer diagnostic and follow up medical care.

Thank you to Mr. Buckley, for having the sense of humor and the big heart to participate in this important fundraiser. Thanks also to all who helped raise bail for the release of our Jailbird!







# USED BOOK FAIR May 10-12 At YRCS

Please clean your bookshelves and bring any gently used books to the office before May 10<sup>th</sup>

All books are ok! Children books, grown up books, fiction, nonfiction...

Students who bring books prior to the faire will receive 3 coupons to be used on the first day and will have 1st pick.



Thursday: 8:00 am to 2:00 pm - Coupons only

Friday: 8:00 am to 4:00 pm - Open to YRCS families for sales

**Saturday:** 8:00 am to 2:00 pm - Open to the public.

Let's make this event successful, pass the word on, bring in boxes of books...

Want to help or have question? Please call Catherine: 265-6060, ext 123.

## AT THE FARM

#### **Yuba River Charter School Home Study Farm Program**



One of the newest lambs on the block



The new calf on the block



Farm School Kids in the barn



The new kid on the block.



Fresh Milk

Our Home Study Farm Program is for Grades 1, 2 & 3 (ages 6-9). Classes meet on Mondays and Wednesdays at the Sierra Friends Center from 9 a.m. to 1:30 p.m. To schedule a "Day in the Life of the Farm Program" visit call Yuba River Charter School at 530.265.6060 ext. 110 or email us at <a href="mailto:raelynnnoel@gmail.com">raelynnnoel@gmail.com</a>. You can visit us at <a href="http://www.yubariverschool.org/homestudy.html">http://www.yubariverschool.org/homestudy.html</a>. See our new blog at <a href="http://yrcshomestudyfarmprogram.blogspot.com/">http://yrcshomestudyfarmprogram.blogspot.com/</a>

#### CHECK OUT THE NEW OPTIONS BELOW Friday's Gluten Free Rice Bowl

Offered By the 6<sup>th</sup> Grade and Emily's Catering - Rice Bowl lunch dates: April 13,20,27

Orders are due by Friday March 30th Make Checks Payable to: YRCS FF

Contact Benjie at wallisfamily@sbcglobal.net

arent's Name:	, _		
	Phone#	Email	_
1 <sup>st</sup> Child's fu	II name:		_Grade
[ ] Veggie – St [ ] Chicken – C	es with white rice with sweet so eamed cabbage, carrots, bro Grilled chicken with sauce - o d Veggie – Grilled chicken w	occoli and green onions with sauce - \$13.50 \$15.00	
2 <sup>nd</sup> Child's fu	ıll name:		_Grade
[ ] Veggie – St [ ] Chicken – C	es with white rice with sweet so eamed cabbage, carrots, bro Grilled chicken with sauce - o d Veggie – Grilled chicken w	occoli and green onions with sauce - \$13.50 \$15.00	
Pleas	e pack your child a fork	k TOTAL DUE:	

#### Teacher/Staff Appreciation







Thanks to all of the parents who make us feel special & appreciated





#### 2<sup>nd</sup> Grade Ski Field Trip









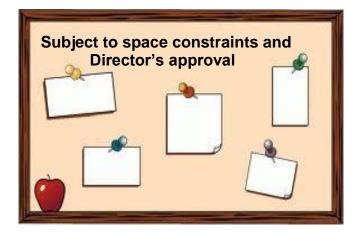
# School Store A 6<sup>th</sup> grade fundraiser We have Crayons and crayon holders Wool yarn Colored pencils Handmade jeweln Beeswax School shirt And lots more! Open Tuesdays and Fridays 1:45-3:00 Now in the school entrance! Stop by and check it out!

Handmade jewelry

3 x 5 business ad space now available. Cost is \$30.00 per month (2 issues)

If interested contact info@yubariverschool.org or stop by the Office.

The Bulletin Board is Back~ Email your postings to info@yubariverschool.org



Please be considerate of others and do not include peanut products in your student's lunches or snacks if there is an allergic student in the class.

Kidspace (aftercare) has several children who are sensitive ... Thank You...

#### SNOW DAY!!

Every attempt will be made to notify parents via phone. In the event you do not receive a call on a Snow Day, please check with the Office to make sure we have your most recent info.

You can tune into either KVMR 89.5 fm or KNCO 830 am for school closure s. if Nevada Union High is closed so are we.

# yuba River Charter School

# Proudly invites you to our 7th Annual Grandparents' Pay!

Thursday, May 3<sup>rd</sup>, 2012
From 8:15am to Noon
at the new

Yuba River Charter School campus
505 Main Street ~ Nevada City, CA 95959

Enjoy a day with your grandchildren in their classrooms. Meet our teachers. Experience Waldorf-education yourself.

~

There will be a reception hosted by school director, Caleb Buckley; presented by the YRCS Parent Council.

~

The same weekend, on Saturday, May 5th, YRCS holds our most colorful festival of the year, May Faire! You will certainly want to join us for the Maypole dance!

~

YRCS Parents, please come to the Main Office to inform us of an invitation that you would like sent to your Grandparent!

Grandparents, please RSVP and let us know that you are joining us! You may call 530-265-6060

#### Ways to Support a Healthy Early Childhood

(Early childhood is the time we have the most impact on our children's lives).

#### From Doris Rainville

- Unconditional LOVE
- Rhythm
- High protein/low carb breakfast
- Replace technology as a form of entertainment with something that has to do with real life and offers a real learning experience
- Peaceful family meals (set the mood with a candle, flowers, etc..)
- Peaceful bedtime ritual (the quality of sleep is affected by the mood in which the child goes to sleep, and the behavior of the child is affected by the quality of his/her sleep.) Stories should not be really exciting. Lullabies and back rubs can help bring calmness. Child should go to bed early enough to wake up on his/her own for school.
- Acknowledge what your child is feeling rather than try to talk them out of what they
  are feeling.
- Free time in nature if possible
- Do not over schedule. Preschool or Kindergarten is quite enough for most of them. They need lots of time in their own creative space to further discover who they are.
- Be true to your word
- Do not share the worldly news with your child. Instead create a home that feels secure.
- Give your child the gift of chores. Entitlement can be a handicap in the real world.
- Keep stories age appropriate.
- Feed your child whole organic foods as much as possible.
- Dress child appropriately for weather.
- Be present and set limits.
- Acknowledge the child when you see what you want more of.
- Unconditional Love